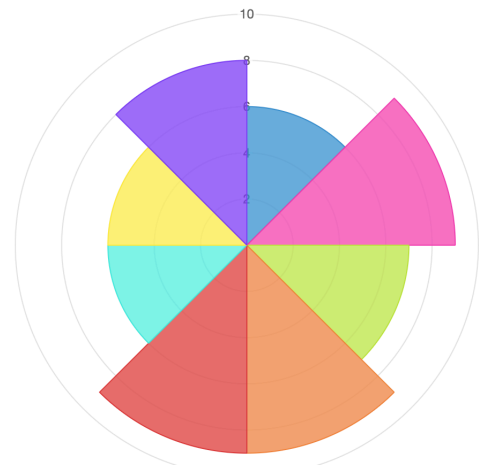
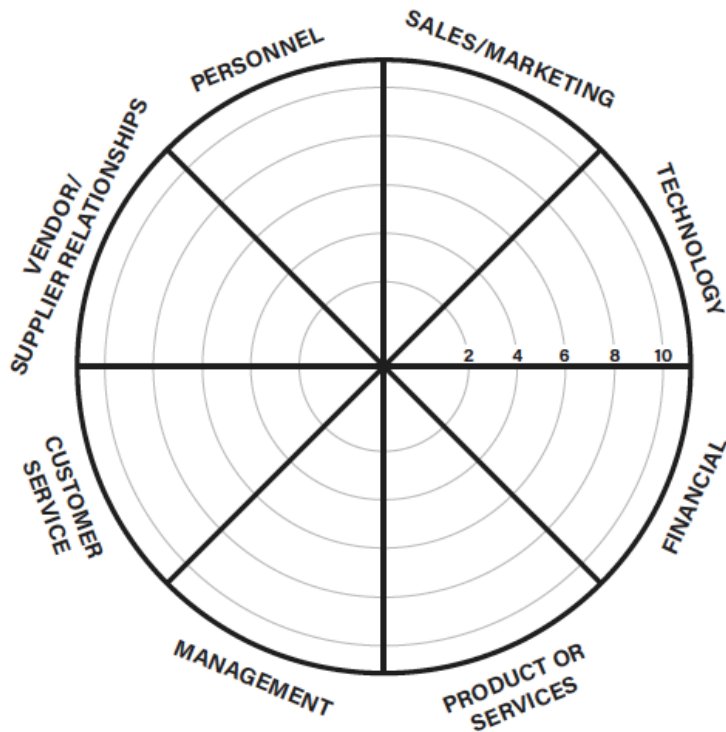


# How satisfied are you with your personal and professional life?

Use these wheels to evaluate your level of satisfaction in life. The center of the wheel is no satisfaction and the outer edge is complete satisfaction. Rate your satisfaction in each area by drawing a curved line to create a new outer edge (see example).

Do this for each section on both wheels. Be honest with yourself - its YOUR life.

Contact me with questions; [RobertH@REFdallas.com](mailto:RobertH@REFdallas.com)



(Example)

